

## WINDMUELLER

### German Folk Dance

Music: To be published by Asch and Imperial

Formation: 4 couples in a square

1. All hands joined, 8 hop-waltz steps to L, 8 to the R. Swing the joined hands alternately forward and back with each step.
2. Head couples dance 8 hop waltzes once around the inside of set, leaving girls standing back-to-back in the middle. Side couples the same, dancing around the standing girls, and leaving their partners standing back to back in the middle.
3. Men dance once around the girls to L, clapping their hands.
4. With girls standing in middle, partners join RH and LH with girl on L. The shoulders of the girls stay close together. Dance 8 hop-waltzes around to Men's L, forming the Mill figure.
5. Grand R and L, drawing girls out on first count. Pause when partners meet, then continue chain around to original places.
6. Take open dance position, 8 walking steps halfway round the set. In closed position, finish with 8 hop-waltzes turning and progressing back to original places.

The dance is repeated with a variation on the first figure.

- I. Girls circle.
- II. Men's one-hand mill, clasping wrists.
- III. Big circle, with girls turned outward (partners join RH), then the men turn outward (partners retain RH). At the close, turn partner once around and bow.

## HOOSHIK MOOSHIK

### Armenian Folk Dance

Music:

Formation: Dancers in circle facing center, elbows bent; hands at shoulder level; clasp little finger of person on either side. No partners required.

1. With feet close together, move toes to L; move heels to L. Swing joined hands from side to side with each movement. Continue this toe and heel movement for 8 measures.
2. Turn half R; sway forward with weight on RF. Sway, stepping back on LF. Repeat. Step to R, close L; step again to R, close L. Move to R in circle with 6 small walking steps in a semi-crouch position. Straighten body, bring feet together and face center with toes pointing to L to begin dance over again.